



Healthy Schools Profile Document

School:

Author: Healthy Schools Team

Date completed:

Date of review:



Healthy Schools
ESSEX

School Contacts

SLT

Name:

Email:

PSHE lead

Name:

Email:

Healthy Schools lead

Name:

Email:

Emotional Health and Wellbeing lead

Name:

Email:

Pastoral lead

Name:

Email:

Governor

Name:

Email:

SENCO

Name:

Email:



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School Overview

School Community Information

Academy/Trust/ Schools Partnerships:
Feeder schools (if appropriate):
School travel (bus transport, walking bus):
Breakfast and after school club:
After school activities:

Environment
City, town, rural:
Access to community facilities:
Outside space:
Physical activities:
Youth clubs:

Aspects of the school that are health promoting:



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Local Health Data



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Ofsted

Inspection date:

Inspection rating:

Comments on safeguarding, PSHE (including RSHE) and pupil wellbeing:

Type of school:

School category (primary, secondary):

Age range of pupils:

Gender:

Ethnicity:

Number of pupils on roll:

Number at sixth form (and gender of pupils if relevant):

Appropriate authority:

Chair of trust:

Headteacher:



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Safeguarding and health information



Number of:
Pupil premium:
LAC (Looked After Children):
CIN (Child in need):
CP (Child Protection)
DA (Domestic Abuse) incidences:
Exclusions
EHCP (Educational Health Care Plans)
Speech and Language specialist support
English as a second language:
Young Carers (including those caring for a person with a disability)

Personal hygiene support provided:

Essex Child and Family Wellbeing Service (ECFWS) support being accessed

Parenting (family hubs/drop ins/ACL family learning):

Transition support:

Your named School Nurse is:

Your Healthy Family Support Practitioner is:

Your School Nurse drop ins (secondary) are held ...

PSHE Education (including RSHE)

How is your school ensuring you are meeting the standard Healthy Schools expectations?

Any areas of PSHE you feel are best practice that you would like to share:

How are you using the PSHE Association guidance and resources?

How do you enhance the learning that takes place in PSHE/RSHE?

How do you ensure PSHE/RSHE is pupil led?

How do you ensure PSHE/RSHE provision is flexible and reactive to need?

The logo for Healthy Schools Essex features a light blue circular graphic containing white silhouettes of people in various active poses. Below this graphic, the words "Healthy Schools" are written in a large, light blue, sans-serif font, and "ESSEX" is written in a smaller, light blue, sans-serif font below that.

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Trauma Informed and Trauma Reducing Practice

How is your school ensuring you are meeting the standard Healthy Schools TPP expectations

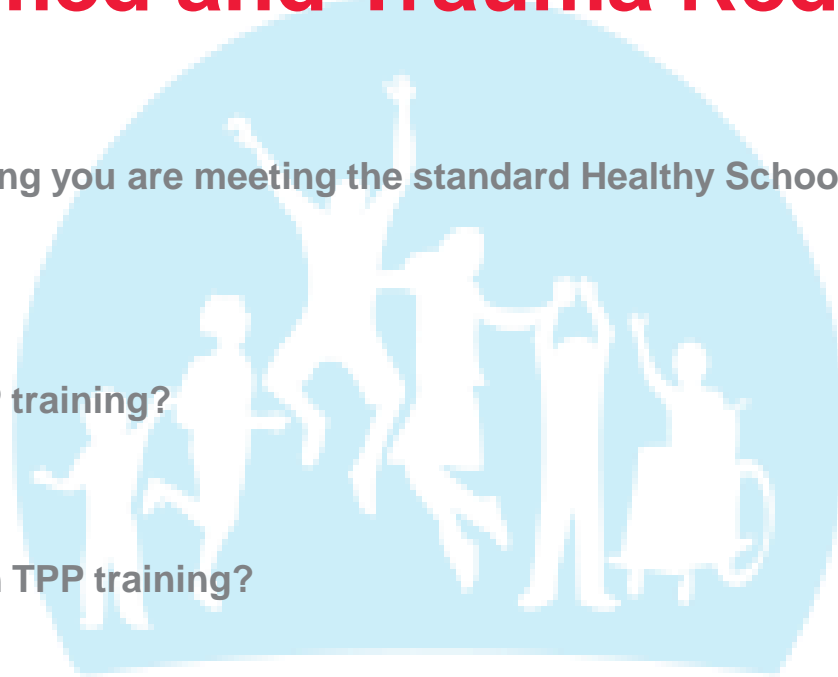
Are you engaged with TPP training?

What stage are you at with TPP training?

What was the outcome of the ECC TPP review?

Attendance at TPP network meeting, who attends?

If you have completed all 9 elements, have you implemented any changes into your setting?



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Mental Health and Emotional Wellbeing

How is your school ensuring you are meeting the standard EH Healthy Schools expectations?

Any areas of EH you feel are best practice that you would like to share:

How do you ensure that pupils are supported with EH during lessons/ lunch/ breaktime?

How do you ensure all pupils have access to pastoral support?

Do staff receive wellbeing support and supervision?

The logo for Healthy Schools Essex features the words "Healthy Schools" in a large, light blue, sans-serif font. Below this, the word "ESSEX" is written in a smaller, all-caps, light blue, sans-serif font. In the background, there is a large, light blue circular graphic containing white silhouettes of several people of various ages and abilities, some with their arms raised in a celebratory gesture, suggesting a diverse and active school community.

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Physical Activity

How is your school ensuring you are meeting the standard PA Healthy Schools expectations?

Any areas of PA you feel are best practice that you would like to share:

How do you ensure that all pupils in all year groups receive 2 hours of statutory PE per week?

What links do you have with specialist services who support and enhance your provision e.g. Active Essex/ Schools games organisers (SGO's) and specialist coaches?



Food and Nutrition

How is your school ensuring you are meeting the standards for food and nutrition Healthy Schools expectations?

Any areas of food and nutrition you feel are best practice that you would like to share?

Describe your school meal provision

How do you promote healthy eating?

How do you ensure pupils have access to water throughout the school day?

How do you ensure pupils have free access to toilet facilities throughout the day?



The logo features a light blue circular graphic containing white silhouettes of diverse people: a child, a woman, a man jumping, a woman, and a person in a wheelchair. Below this graphic, the words "Healthy Schools" are written in a large, light blue, sans-serif font, and "ESSEX" is written below that in a smaller, light blue, sans-serif font.

Pupil Voice

How is your school ensuring you are meeting the standard PV Healthy Schools expectations?

Any areas of PV you feel are best practice that you would like to share:

How do you ensure that pupils are given regular opportunities to have a voice?

What opportunities are provided for pupil voice representatives to support their peers?



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Current health priorities – next steps

What has been identified today as being a priority for your school?

Whole school:

Year group:

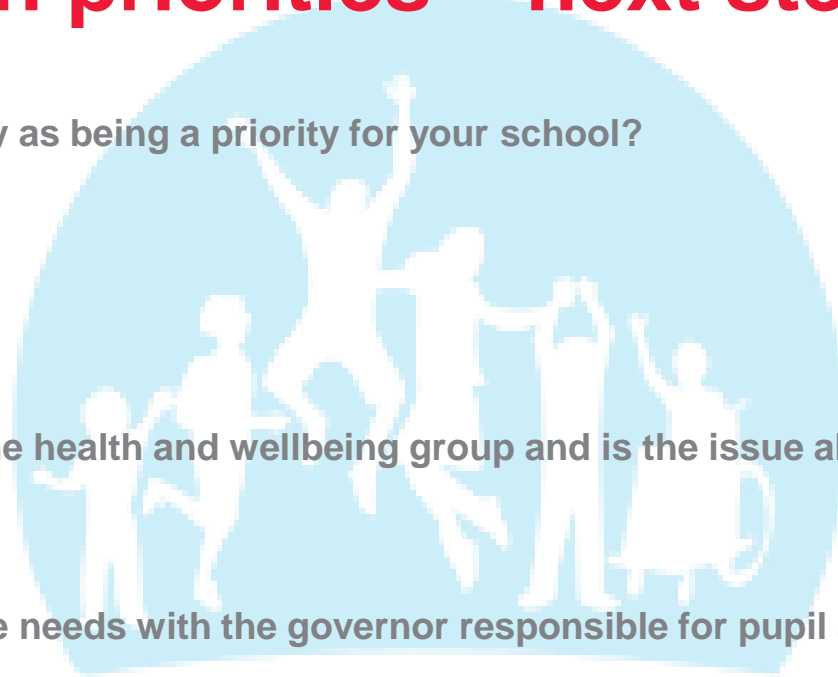
Targeted group:

How will you share this with the health and wellbeing group and is the issue already on your school development plan?

When/how will you discuss the needs with the governor responsible for pupil and staff wellbeing?

How will the school communicate the above with parents and carers?

Are you currently working towards any awards/programmes that would support this priority? e.g. Forest Schools, Eco Schools, Wellbeing award, Health and Wellbeing Peer Educator Programme (secondary schools)



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Bespoke plan of support for your school



Essex Child and Family Wellbeing Service bespoke offer



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Partner agencies and contact details



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Recommended Resources



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